

Communicable Diseases Prevention Unit, Public Health Services

Special Focus Report

Pertussis (Whooping cough) 05 January 2025



Department of Health

Special Focus Report

Pertussis (Whooping cough)

Pertussis (commonly known as whooping cough) is caused by the bacteria *Bordetella pertussis*. Pertussis affects people of all ages, but it can be especially serious in babies. Pertussis can cause uncontrollable coughing and breathing difficulties that are life threatening. The bacteria are spread from people while infectious, usually during coughing or sneezing. Immunisation provides good protection against infection and risk of severe disease, especially in the short-term. The most effective way to protect young babies who are too young to be vaccinated is to receive the pertussis vaccine during pregnancy. Additional information about pertussis and how it is prevented can be found on the Whooping Cough (Pertussis) page at <u>https://www.health.tas.gov.au/whooping-cough</u>

Pertussis activity typically follows a seasonal trend, with higher activity in the Spring and Summer months. Epidemics of pertussis usually occur every few years as immunity wanes. The last epidemic in Tasmania occurred mid-2018 until early 2020 (Figure 1). Since early 2024, there has been a steady increase in pertussis notifications in Tasmania, consistent with epidemic activity (Figure 2). This trend has been observed in other states and territories.

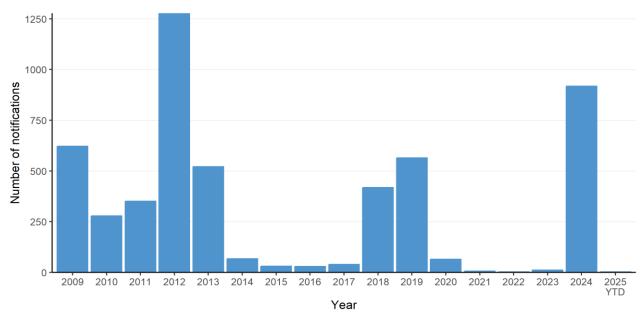


Figure 1. Pertussis notifications by year, Tasmania, 01-Jan-09 to 05-Jan-25

Source: Tasmanian Notifiable Diseases Surveillance System (TNDSS). Data for 2025 YTD is from 01 January to 05 January. Note: Changes in health-seeking behaviour and testing practices should be considered when comparing notifications of pertussis across multiple years.

There have been 921 pertussis cases notified since 01 Jan 2024. The number of notifications increased notably from May 2024, and epidemic activity is expected to continue for some months based on an understanding of pertussis epidemiology. Notification rates remain highest in school aged children aged 5-11 years and 12-17 years, which is similar to previous epidemic periods (Table 1). As of 05 January 2025, there have been six notifications in infants less than six months

of age. A reduction in notifications over the Christmas period was observed and may reflect the commencement of the school holidays and reduced mixing of school-aged children, as well as changes in access to testing due to health care service availability.

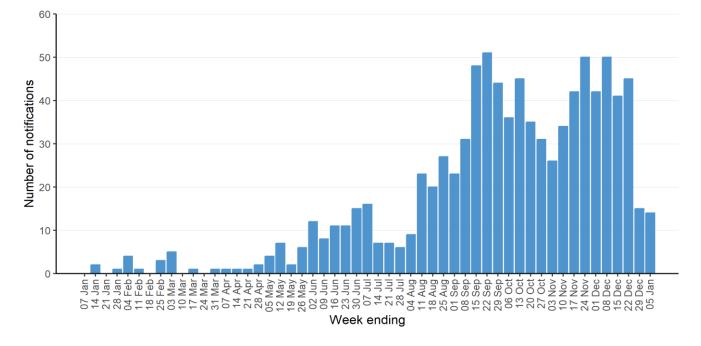


Figure 2. Pertussis notifications by week, Tasmania, 01-Jan-24 to 05-Jan-25

Source: Tasmanian Notifiable Diseases Surveillance System (TNDSS).

Table 1. Notification of pertussis, 01-Jan-24 to 05-Jan-25

		Number	Percentage*	Rate [^]
	Total notifications	921	100.0	160.8
Sex	Female	465	50.5	160.8
	Male	456	49.5	160.5
Age-group (years)	0-4	60	6.5	207.8
	5-11	337	36.6	757.8
	12-17	234	25.4	570.2
	18-24	76	8.3	178.4
	25-64	176	19.1	60.0
	65 years and over	38	4.1	31.1
Region	South	595	64.6	200.0
	North	284	30.8	168.1
	North-West	42	4.6	39.4
Aboriginal status	Aboriginal and/or Torres Strait Islander	80	8.7	265.0
	Not Aboriginal and/or Torres Strait Islander	732	79.5	146.0
	Missing / Not stated	105	11.4	N/A
	Declined to answer	4	0.4	N/A

Confirmed and probable cases. *Percentages are rounded to 1 decimal place. Minor discrepancies in totals may occur due to rounding error. ^Notification rate per 100,000 population. Sources: Tasmanian Notifiable Diseases Surveillance System (TNDSS), Australian Bureau of Statistics Estimated Resident Population (Jun 2023).



Surveillance systems used in this report are described below.

Tasmanian Notifiable Diseases Surveillance System (TNDSS)

Pertussis is a notifiable in Tasmania under the *Public Health Act* (1997). Consequently, all pathology laboratories in Tasmania are required to notify cases that meet the nationally agreed case definition to Public Health Services. Notifications are received regularly from public and private laboratories and clinicians in Tasmania. Data are correct at the time of reporting but are subject to change due to late notifications.

Population under surveillance: Tasmanian residents or overseas visitors diagnosed in Tasmania who meet laboratory criteria for a confirmed or probable case of pertussis. Access <u>CDNA surveillance case definitions | Australian Government Department of Health and Aged Care.</u>

Notes on interpretation: Data are reported by calculated onset date, the earliest of symptom onset date, specimen date or notification date. Notification data are heavily influenced by factors including health-seeking behaviours and testing practices. Changes in surveillance indicators may reflect changes in testing practices and not actual disease incidence in the community. As such, care is required in comparing notifications over time, including between years.



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