

Chronic Disease Management Program

Get the Care you need to stay out of hospital

Do you have heart failure, chronic obstructive pulmonary disease, or diabetes?
You may be eligible to enrol in Care@home Chronic Disease Management Program.

Care@home is a free service designed to provide safe and supportive care for people to better manage their chronic conditions at home.

Our program can provide the care you need, virtually, in your own home.

What we do

We are a dedicated team of health professionals that will work with you and your primary care team to:

- review your symptoms, health, and wellbeing
- support you to manage your health issues and work toward your health goals
- connect you to additional services and supports that you may need to keep you well and out of hospital.

What to expect

We will contact you to undertake an initial Virtual Care Assessment and determine your suitability for the program.

This assessment will help us to develop a personalised care plan, based on your specific needs. Your care plan may include:

- telephone calls
- video calls
- health coaching
- care coordination
- care navigation.



How to enrol

Scan the QR code to complete an enrolment form or visit www.health.tas.gov.au/care-at-home



Contact Care@home

1800 973 363 – select option 2.
Open 8.00am – 4.30pm, Monday to Friday.

If you're not sure where to go call healthdirect on **1800 022 222** or visit www.health.tas.gov.au/rightcare



More information

More information is available at www.health.tas.gov.au/care-at-home

Access to translator

Call **1800 973 363** to access a translator and interpreter service in your preferred language



Care@home is not an emergency service.
For all serious and life-threatening conditions call 000 or go to your nearest Emergency Department.