

Community Mental Health and Wellbeing

Family Violence Counselling and Support Service

Adult Program

Contact 1800 608 122

9am to midnight weekdays
4pm to midnight weekends/
public holidays



Department of **Health**



Tasmanian
Government

What is Family Violence?

Family and domestic violence occurs when a partner or former partner uses abuse to control or manipulate. Family violence is an offence under the *Family Violence Act 2004*.

Family Violence includes:

- Physically harming you
- Threatening to hurt you
- Criticising, humiliating and insulting you
- Stopping or limiting contact with friends and relatives
- Denying you money, food and shelter
- Making you have sex against your will
- Damaging your house and possessions
- Harming your pets
- Denying you access to ceremonies, land and family
- Preventing you from practising your beliefs
- Threatening to have your visa revoked
- Controlling and monitoring electronic media
- Threatening or making abusive posts
- Undermining your parenting



Our Service: What We Do

The Family Violence Counselling and Support Service (FVCSS) is a free service. We work with adults, children and young people who have experienced family violence.

FVCSS provides:

- Information, counselling and support by telephone and face to face
- Safety planning
- Linking victims to police support
- Advocacy, liaison and referral to appropriate legal, accommodation and support services

FVCSS is part of the Tasmanian Government integrated response to family violence
www.safeathome.tas.gov.au

FVCSS works with Tasmania Police, the Court Support and Liaison Service and other key agencies to manage responses to incidents of family violence.

People can self-refer or be referred by another person or service. Services are available to people in heterosexual and same-sex relationships.



How Can FVCSS Help?

Family Violence causes fear and reduces your self-esteem. You may blame yourself and think that it's your fault.

Experiencing family violence can leave you feeling afraid, insecure, degraded, angry and unsure about what to do.

FVCSS can help you to:

- Understand the impact of family violence
- Make your own decisions and life choices
- Overcome isolation
- Understand the emotional and psychological effects of violence
- Establish safety

Family violence
is a crime.

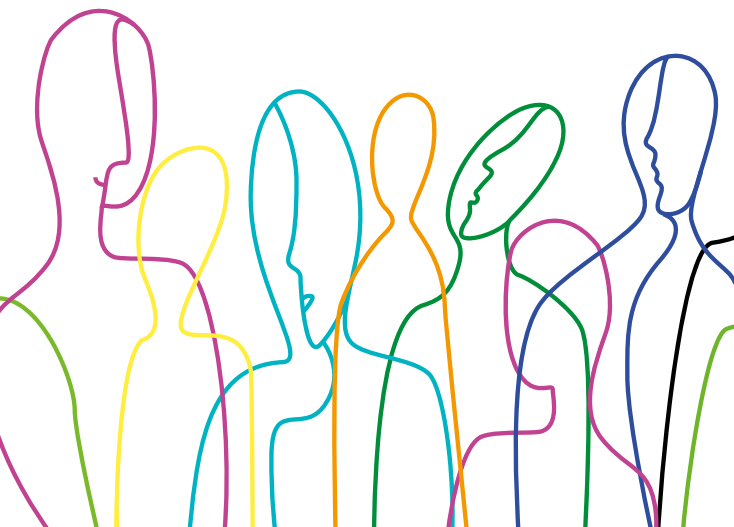
Information on Privacy and Confidentiality

We take your privacy and confidentiality seriously.

FVCSS is part of the Tasmania Government Safe at Home sector and contributes to information sharing across government.

The purpose of sharing information is to support the management of ongoing risk for adults and children affected by family violence.

Your information is subject to the State's privacy provisions. However, where personal safety is threatened or severely compromised, information will be shared with and accessed by the Safe Homes, Safe Families partners.



Useful Phone Numbers

Family Violence Counselling and Support Service: 1800 608 122

9am to midnight weekdays

4pm to midnight weekends/public holidays

Strong Families, Safe Kids, Advice and Referral Line: 1800 000 123

Tasmania Police Emergency: 000 (24/7)

Tasmania Police Non-Emergency: 131 444

Legal Aid Commission of Tasmania: 1300 366 611

1800RESPECT (24/7)

Kids Help Line 1800 55 1800



Interpreter services

131 450



FVCSS acknowledge and pay respect to the Tasmanian Aboriginal people as the traditional and original owners and continuing custodians of this land: we acknowledge Elders-past and present.



FVCSS is committed to embracing diversity and eliminating all forms of discrimination in the delivery of our service. FVCSS welcomes as a program within Department of Health all people irrespective of ethnicity, lifestyle choice, faith, sexual orientation and gender diversity.