



# Participant Information Statement

## Tasmanian Suicide Prevention Strategy 2023–2027 Implementation Plan Two

### *Submissions*

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#### Introduction

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You are invited to take part in this consultation to develop the second implementation plan for the *Tasmanian Suicide Prevention Strategy 2023–2027*.

This Participant Information Sheet tells you about the consultation. It explains the processes involved with taking part. Knowing what is involved will help you decide if you want to take part in the consultation.

Please read this information carefully and contact us with any questions or for further clarification. Contact details can be found at the end of this document.

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#### Background

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The *Tasmanian Suicide Prevention Strategy 2023–2027* was released in December 2022.

You can access the strategy here: <https://www.health.tas.gov.au/publications/tasmanian-suicide-prevention-strategy-2023-2027>

A statewide consultation was held between June and October 2022, where we heard from people across Tasmania about what suicide prevention means to them and the preventive actions they want to see.

Over 600 Tasmanians contributed to the development of the strategy through:

- online survey
- social media feedback
- postcard campaign
- thought leader interviews
- community-based workshops.

The strategy sets out the vision and priorities for preventing suicide in Tasmania over the next five years. These priorities include:

- 1 Enabling collective action across agencies and sectors to prevent the onset of suicidal behaviours and respond early to distress
- 2 Delivering compassionate and connected services that meet people's needs
- 3 Empowering our people and communities to lead suicide prevention action
- 4 Developing a skilled, supported and sustained workforce in Tasmania
- 5 Enhancing whole-of-government mechanisms to coordinate our approach

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## Implementation plans

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The strategy is being actioned through three 18-month implementation plans.

The **first** implementation plan was released in March 2023 and covered the period January 2023 – June 2024. You can access the first implementation plan here:

<https://www.health.tas.gov.au/publications/tasmanian-suicide-prevention-strategy-2023-2027>

It contained 81 targeted actions to reduce suicide and suicide attempts and improve the wellbeing of all Tasmanians based upon the initial consultation held between June and October 2022.

The **second** implementation plan will cover the period July 2024 to December 2025. The anticipated release date for the second implementation plan will be October 2024, in place of the original July 2024 release date.

The delay is primarily due to the 2024 State Election and related caretaker convention protocols.

The delay will also allow for alignment with the 2024–25 State Budget handed down on 12 September 2024.

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## Developing the second implementation plan

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The Tasmanian Government is currently developing the second implementation plan for the *Tasmanian Suicide Prevention Strategy 2023–2027*.

Suicide is a complex issue, and requires action across our entire community, service system and government at all levels. To reflect this, our implementation plans cover a wide range of activity across sectors. Learn more about our partners here:

<https://www.health.tas.gov.au/health-topics/suicide-prevention/governance-and-key-partners>

An initial draft has been developed and will be the focus of this survey.

It was developed through a comprehensive desktop review, consultation with various governance committees (which include people with a lived experience), community networks and the Tasmanian Suicide Prevention Forum earlier this year. The draft includes:

- Building on successful actions from Implementation Plan One
- Undertaking reviews of literature and key data
- Identifying priorities and initiatives from:
  - Department of Health units
  - Tasmanian Government agencies
  - National and state/territory government organisations
- Reviewing findings from:
  - Leading research translation centres and organisations
  - Major forums and conferences
- Identifying key priorities from:
  - Sector organisations, community groups and peak bodies
  - Lived experience organisations
  - Governance and advisory groups

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## What is the purpose of this consultation?

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We are currently seeking feedback from all Tasmanians to ensure our findings meet the needs and opportunities available in our state. Your feedback will refine our draft implementation plan and shape the next steps for suicide prevention in Tasmania.

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## What does participation in this consultation involve?

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The survey is one of multiple forms of consultation that supports the development of the implementation plan.

The consultation is expected to take 15 minutes to complete.

The results of this consultation will be captured in a consultation report and within a revised version of the initial draft itself.

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## How should I prepare for consultation?

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We ask that you think about the questions below and request to help shape Implementation Plan 2. The questions include:

Question
1. Do you anticipate any major challenges with our approach? If so, how might we overcome these? Are there successful strategies from other contexts that we could adapt?
2. How effective do you think the actions outlined in the implementation plan will be in addressing suicide prevention in Tasmania?
3. Have we identified the key actions needed to address each of our priority areas? Are there additional initiatives you would recommend we consider?
4. Are there existing resources or partnerships we should leverage?
5. How can we improve the cultural sensitivity and inclusiveness of our services to meet the needs of everyone in our community, considering we are a small jurisdiction? What specific changes would you recommend?
6. Are we effectively engaging stakeholders in delivering our implementation plans? If not, how can we improve our engagement strategies?
7. What do you suggest we do to ensure that our actions remain effective and sustainable beyond the initial implementation phase?
8. What specific measures do you suggest we use to monitor the progress and evaluate the impact of the plan? How frequently should these evaluations take place?
9. Is there anything else about the plan/our direction you'd like to tell us?

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### Additional costs and reimbursement

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There are no costs associated with participating in this consultation, nor will you be paid.

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### How will the results be reported?

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The information collected will help us to refine the initial draft of the second implementation plan.

The information collected will be published in a consultation report and the final implementation plan which will be published on the Department's public webpage for suicide prevention: <https://www.health.tas.gov.au/health-topics/preventing-suicide>

The information may also be presented at relevant meetings. Individual participants will not be identifiable in any reports arising from the project.

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## What are the possible benefits of taking part?

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We cannot guarantee or promise that you will receive any benefits from this consultation; however, your participation in this consultation will contribute to finding solutions on how to reduce suicide in Tasmania. Your feedback will refine our draft implementation plan and shape the next steps for suicide prevention in Tasmania.

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## What are the possible risks and disadvantages of taking part?

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Talking about mental health and suicide can be difficult and may bring up strong feelings or stir up personal experiences for some people.

We do not expect the consultation to cause distress, however, if you feel that you may find questions about these themes upsetting, you may prefer not to participate in this consultation.

You are also able to contact one of the services listed at the end of this document if you need them. If you, or anyone else is in immediate danger, call **000**.

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### Crisis Support (24/7)

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#### **Lifeline**

13 11 14 or text 0477 13 11 14  
[www.lifeline.org.au](http://www.lifeline.org.au)

#### **13YARN**

13 92 76  
[www.13yarn.org.au](http://www.13yarn.org.au)

#### **Suicide Call Back Service**

1300 650 467  
[www.callbackservice.org.au](http://www.callbackservice.org.au)

#### **SANE Australia Helpline**

1800 187 263  
[www.sane.org](http://www.sane.org)

#### **Beyond Blue Support Service**

1300 224 636  
[www.beyondblue.org.au](http://www.beyondblue.org.au)

#### **Kids Help Line**

1800 551 800  
[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

#### **MensLine Australia**

1300 789 978  
[www.mensline.org.au](http://www.mensline.org.au)

#### **Open Arms (Veterans and their families)**

1800 011 046  
[www.openarms.gov.au](http://www.openarms.gov.au)

#### **1800RESPECT**

1800 011 046  
[www.1800respect.org.au](http://www.1800respect.org.au)

#### **Brother to Brother Crisis Line**

1800 435 799  
[www.dardimunwurro.com.au/brother-to-brother](http://www.dardimunwurro.com.au/brother-to-brother)

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### Non-Crisis Support

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### **Access Mental Health**

1800 332 388

*24 hours a day, 7 days a week*

[www.health.tas.gov.au/health-topics/mental-health/tasmanias-mental-health-system/access-mental-health-helpline](http://www.health.tas.gov.au/health-topics/mental-health/tasmanias-mental-health-system/access-mental-health-helpline)

### **Safe Haven**

Peacock Centre, 10 Elphinstone Road,  
North Hobart 7000

*9:00am–10:00pm, 7 days a week*

[www.health.tas.gov.au/health-topics/mental-health/tasmanias-mental-health-system/adult-mental-health-service/peacock-centre/safe-haven](http://www.health.tas.gov.au/health-topics/mental-health/tasmanias-mental-health-system/adult-mental-health-service/peacock-centre/safe-haven)

### **Launceston Head to Health**

62-64 Canning Street, Launceston TAS  
7250

*9:00am–9:00pm, Monday to Friday*

*10:00am–2:00pm, Saturday and Sunday*

[www.headtohealth.gov.au/service/launceston-head-to-health-16170](http://www.headtohealth.gov.au/service/launceston-head-to-health-16170)

### **Head to Health Phone Service**

1800 595 212

*8.30am–5:00pm weekdays (except public holidays)*

[www.headtohealth.gov.au](http://www.headtohealth.gov.au)

### **A Tasmanian Lifeline**

1800 984 434

*8:00am–8:00pm, 7 days a week*

[atasmanianlifeline.com.au](http://atasmanianlifeline.com.au)

### **Mental Health Families & Friends Tasmania**

03 6228 7448

*9:00am–5:00pm, Monday to Friday*

[www.mhfamiliesfriends.org.au](http://www.mhfamiliesfriends.org.au)

### **StandBy Support After Suicide**

1300 727 247

*6:00am–10:00pm, 7 days a week*

[standbysupport.com.au](http://standbysupport.com.au)

### **Thirrili's Postvention Suicide Support service**

1800 805 801

*24 hours a day, 7 days a week*

[thirrili.com.au](http://thirrili.com.au)

### **eheadspace**

1800 650 890

*9:00am–1:00am, 7 days a week*

[headspace.org.au/online-and-phone-support](http://headspace.org.au/online-and-phone-support)

### **SANE Australia Helpline**

1800 187 263

*10:00am–10:00pm, Monday to Friday*

[www.sane.org](http://www.sane.org)

### **Qlife**

1800 184 527

*3:00pm–midnight, 7 days a week*

[www.qlife.org.au](http://www qlife.org.au)

### **GriefLine**

1300 845 745

*8:00am–8:00pm, 7 days a week*

[griefline.org.au](http://griefline.org.au)

**Carer Gateway**

1800 422 737  
8:00am–5:00pm, Monday to Friday  
[www.carergateway.gov.au](http://www.carergateway.gov.au)

**Fortem Australia**

1300 33 95 94  
9:00am–5:00pm, Monday to Friday  
[fortemaustralia.org.au](http://fortemaustralia.org.au)

**Butterfly National Helpline**

1800 33 4673  
8:00am–midnight  
[butterfly.org.au](http://butterfly.org.au)

**Blue Knot Helpline and Redress Support Service**

1300 657 380  
9:00am–5:00pm  
[blueknot.org.au](http://blueknot.org.au)

**PANDA National Helpline**

1300 726 306  
9:00am–7:30pm Monday to Friday  
9:00am–4:00pm Saturdays and public holidays  
[panda.org.au](http://panda.org.au)

**Listening Ear**

02 9477 6777  
9:00am–9:00pm  
[listeningear.org.au](http://listeningear.org.au)

**Wellways Helpline**

1300 111 500  
9am–9pm, except public holidays  
<https://www.wellways.org/>

**G'day Line (over 50s)**

1300 920 552  
8:00am–8:00pm  
[griefline.org.au/gday-line](http://griefline.org.au/gday-line)

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## What if I withdraw from this consultation?

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If you decide to leave the consultation, the consultation team will not collect additional personal information from you.

You should be aware that data collected up to the time you withdraw will form part of the consultation results. If you do not want your data to be included, you must tell the consultation team when you withdraw from the consultation.

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## What will happen to information about me?

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The Department of Health *Personal Information Protection Statement* can be viewed here: [www.health.tas.gov.au/personal-information-protection-statement](http://www.health.tas.gov.au/personal-information-protection-statement)

Any information obtained in connection with this consultation that can identify you will remain confidential.

Your information will only be used for the purpose of this consultation and it will only be disclosed with your permission, except as required by law.

It is anticipated that the results of this consultation will be published and/or presented in a variety of forums. In any publication and/or presentation, information will be provided in such a way that you cannot be identified.

In accordance with relevant Australian and/or Tasmanian privacy and other relevant laws, you have the right to request access to the information about you that is collected and stored by the consultation team. You also have the right to request that any information with which you disagree be corrected. Please inform the consultation team member named at the end of this document if you would like to access your information.

Any information obtained for the purpose of this consultation that can identify you will be treated as confidential and securely stored. It will be disclosed only with your permission, or as required by law.

All information will be kept strictly confidential and will be stored on a secure server in accordance with the Department's *Records and Information Management Policy* and *Management of Personal Information Protection Policy*.

Data will be collected and managed using Content Manager 9 (CM9) hosted at the Department of Health. CM9 is the Department's official authoritative recordkeeping system which meets all metadata and recordkeeping functionality to comply with the *Archives Act 1983*.

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## Who is organising and funding the consultation?

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This consultation is being conducted by the Department of Health on behalf of the Tasmanian Government.

It is being funded by Department of Health as an initiative under the *Tasmanian Suicide Prevention Strategy 2023–2027*.

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## Further information and who to contact

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If you have any questions or require further information, please email the Mental Health, Alcohol and Drug Directorate team at: [mhadd@health.tas.gov.au](mailto:mhadd@health.tas.gov.au)

For more information about the Tasmanian Government's approach to preventing suicide, please visit: <https://www.health.tas.gov.au/health-topics/preventing-suicide>

This consultation has been commissioned by the Department of Health on behalf of the Tasmanian Government. Should you have concerns about your rights as a participant in this consultation, or you have a complaint about the manner in which the consultation is conducted, you can speak with the contact above, or, if an independent person is preferred, you can lodge feedback with the Department of Health through: <https://www.health.tas.gov.au/contact-us/general-enquiries>

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## Consent

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By participating you are providing consent and acknowledging that you:

- Have received and read the *Participant Information Sheet*.
- Understand the purposes, procedures and risks of the consultation described.
- Have had an opportunity to ask questions and are satisfied with the answers received.
- Freely agree to participate in this consultation as described.
- Consent to the use of your personal information as described.