



Participant Information Statement

Tasmanian Suicide Prevention Strategy 2023–2027 Implementation Plan Two

Survey

Introduction

You are invited to take part in this consultation to develop the second implementation plan for the *Tasmanian Suicide Prevention Strategy 2023–2027*.

This Participant Information Sheet tells you about the consultation. It explains the processes involved with taking part. Knowing what is involved will help you decide if you want to take part in the consultation.

Please read this information carefully and contact us with any questions or for further clarification. Contact details can be found at the end of this document.

Background

The *Tasmanian Suicide Prevention Strategy 2023–2027* was released in December 2022.

You can access the strategy here: <https://www.health.tas.gov.au/publications/tasmanian-suicide-prevention-strategy-2023-2027>

A statewide consultation was held between June and October 2022, where we heard from people across Tasmania about what suicide prevention means to them and the preventive actions they want to see.

Over 600 Tasmanians contributed to the development of the strategy through:

- online survey
- social media feedback
- postcard campaign
- thought leader interviews
- community-based workshops.

The strategy sets out the vision and priorities for preventing suicide in Tasmania over the next five years. These priorities include:

- 1 Enabling collective action across agencies and sectors to prevent the onset of suicidal behaviours and respond early to distress
- 2 Delivering compassionate and connected services that meet people's needs
- 3 Empowering our people and communities to lead suicide prevention action
- 4 Developing a skilled, supported and sustained workforce in Tasmania
- 5 Enhancing whole-of-government mechanisms to coordinate our approach

Implementation plans

The strategy is being actioned through three 18-month implementation plans.

The **first** implementation plan was released in March 2023 and covered the period January 2023 – June 2024. You can access the first implementation plan here:

<https://www.health.tas.gov.au/publications/tasmanian-suicide-prevention-strategy-2023-2027>

It contained 81 targeted actions to reduce suicide and suicide attempts and improve the wellbeing of all Tasmanians based upon the initial consultation held between June and October 2022.

The **second** implementation plan will cover the period July 2024 to December 2025. The anticipated release date for the second implementation plan will be October 2024, in place of the original July 2024 release date.

The delay is primarily due to the 2024 State Election and related caretaker convention protocols.

The delay will also allow for alignment with the 2024–25 State Budget handed down on 12 September 2024.

Developing the second implementation plan

The Tasmanian Government is currently developing the second implementation plan for the *Tasmanian Suicide Prevention Strategy 2023–2027*.

Suicide is a complex issue, and requires action across our entire community, service system and government at all levels. To reflect this, our implementation plans cover a wide range of activity across sectors. Learn more about our partners here:

<https://www.health.tas.gov.au/health-topics/suicide-prevention/governance-and-key-partners>

An initial draft has been developed and will be the focus of this survey.

It was developed through a comprehensive desktop review, consultation with various governance committees (which include people with a lived experience), community networks and the Tasmanian Suicide Prevention Forum earlier this year. The draft includes:

- Building on successful actions from Implementation Plan One
- Undertaking reviews of literature and key data
- Identifying priorities and initiatives from:
 - Department of Health units
 - Tasmanian Government agencies
 - National and state/territory government organisations
- Reviewing findings from:
 - Leading research translation centres and organisations
 - Major forums and conferences
- Identifying key priorities from:
 - Sector organisations, community groups and peak bodies
 - Lived experience organisations
 - Governance and advisory groups

What is the purpose of this consultation?

We are currently seeking feedback from all Tasmanians to ensure our findings meet the needs and opportunities available in our state. Your feedback will refine our draft implementation plan and shape the next steps for suicide prevention in Tasmania.

What does participation in this consultation involve?

The survey is one of multiple forms of consultation that supports the development of the implementation plan.

The consultation is expected to take 15 minutes to complete.

The results of this consultation will be captured in a consultation report and within a revised version of the initial draft itself.

Additional costs and reimbursement

There are no costs associated with participating in this consultation, nor will you be paid.

How will the results be reported?

The information collected will help us to refine the initial draft of the second implementation plan.

The information collected will be published in a consultation report and the final implementation plan which will be published on the Department's public webpage for suicide prevention: <https://www.health.tas.gov.au/health-topics/preventing-suicide>

The information may also be presented at relevant meetings. Individual participants will not be identifiable in any reports arising from the project.

What are the possible benefits of taking part?

We cannot guarantee or promise that you will receive any benefits from this consultation; however, your participation in this consultation will contribute to finding solutions on how to reduce suicide in Tasmania. Your feedback will refine our draft implementation plan and shape the next steps for suicide prevention in Tasmania.

What are the possible risks and disadvantages of taking part?

Talking about mental health and suicide can be difficult and may bring up strong feelings or stir up personal experiences for some people.

We do not expect the consultation to cause distress, however, if you feel that you may find questions about these themes upsetting, you may prefer not to participate in this consultation.

You are also able to contact one of the services listed at the end of this document if you need them. If you, or anyone else is in immediate danger, call **000**.

Crisis Support (24/7)

Lifeline

13 11 14 or text 0477 13 11 14
www.lifeline.org.au

13YARN

13 92 76
www.13yarn.org.au

Suicide Call Back Service

1300 650 467
www.callbackservice.org.au

SANE Australia Helpline

1800 187 263
www.sane.org

Beyond Blue Support Service

1300 224 636
www.beyondblue.org.au

Kids Help Line

1800 551 800
www.kidshelpline.com.au

MensLine Australia

1300 789 978

www.mensline.org.au

Open Arms (Veterans and their families)

1800 011 046

www.openarms.gov.au

1800RESPECT

1800 011 046

www.1800respect.org.au

Brother to Brother Crisis Line

1800 435 799

www.dardimunwurro.com.au/brother-to-brother

Non-Crisis Support

Access Mental Health

1800 332 388

24 hours a day, 7 days a week

www.health.tas.gov.au/health-topics/mental-health/tasmanias-mental-health-system/access-mental-health-helpline

Safe Haven

Peacock Centre, 10 Elphinstone Road,
North Hobart 7000

9:00am–10:00pm, 7 days a week

www.health.tas.gov.au/health-topics/mental-health/tasmanias-mental-health-system/adult-mental-health-service/peacock-centre/safe-haven

Launceston Head to Health

62-64 Canning Street, Launceston TAS
7250

9:00am–9:00pm, Monday to Friday

10:00am–2:00pm, Saturday and Sunday

www.headtohealth.gov.au/service/launceston-head-to-health-16170

Head to Health Phone Service

1800 595 212

8.30am–5:00pm weekdays (except public holidays)

www.headtohealth.gov.au

A Tasmanian Lifeline

1800 984 434

8:00am–8:00pm, 7 days a week

atasmanianlifeline.com.au

Mental Health Families & Friends Tasmania

03 6228 7448

9:00am–5:00pm, Monday to Friday

www.mhfamiliesfriends.org.au

StandBy Support After Suicide

1300 727 247

6:00am–10:00pm, 7 days a week

standbysupport.com.au

Thirrili's Postvention Suicide Support service

1800 805 801

24 hours a day, 7 days a week

thirrili.com.au

eheadspace

1800 650 890

9:00am–1:00am, 7 days a week

headspace.org.au/online-and-phone-support

SANE Australia Helpline

1800 187 263

10:00am–10:00pm, Monday to Friday

www.sane.org

Qlife

1800 184 527
3:00pm–midnight, 7 days a week
www.glife.org.au

GriefLine

1300 845 745
8:00am–8:00pm, 7 days a week
griefline.org.au

Carer Gateway

1800 422 737
8:00am–5:00pm, Monday to Friday
www.carergateway.gov.au

Fortem Australia

1300 33 95 94
9:00am–5:00pm, Monday to Friday
fortemaustralia.org.au

Butterfly National Helpline

1800 33 4673
8:00am–midnight
butterfly.org.au

Blue Knot Helpline and Redress Support Service

1300 657 380
9:00am–5:00pm

blueknot.org.au

PANDA National Helpline

1300 726 306
9:00am–7:30pm Monday to Friday
9:00am–4:00pm Saturdays and public holidays
panda.org.au

Listening Ear

02 9477 6777
9:00am–9:00pm
listeningear.org.au

Wellways Helpline

1300 111 500
9am–9pm, except public holidays
<https://www.wellways.org/>

G'day Line (over 50s)

1300 920 552
8:00am–8:00pm
griefline.org.au/gday-line

What if I withdraw from this consultation?

If you decide to leave the consultation, the consultation team will not collect additional personal information from you.

You should be aware that data collected up to the time you withdraw will form part of the consultation results. If you do not want your data to be included, you must tell the consultation team when you withdraw from the consultation.

What will happen to information about me?

The Department of Health *Personal Information Protection Statement* can be viewed here: www.health.tas.gov.au/personal-information-protection-statement

Any information obtained in connection with this consultation that can identify you will remain confidential.

Your information will only be used for the purpose of this consultation and it will only be disclosed with your permission, except as required by law.

It is anticipated that the results of this consultation will be published and/or presented in a variety of forums. In any publication and/or presentation, information will be provided in such a way that you cannot be identified.

In accordance with relevant Australian and/or Tasmanian privacy and other relevant laws, you have the right to request access to the information about you that is collected and stored by the consultation team. You also have the right to request that any information with which you disagree be corrected. Please inform the consultation team member named at the end of this document if you would like to access your information.

Any information obtained for the purpose of this consultation that can identify you will be treated as confidential and securely stored. It will be disclosed only with your permission, or as required by law.

All information will be kept strictly confidential and will be stored on a secure server in accordance with the Department's *Records and Information Management Policy* and *Management of Personal Information Protection Policy*.

Data will be collected and managed using Content Manager 9 (CM9) hosted at the Department of Health. CM9 is the Department's official authoritative recordkeeping system which meets all metadata and recordkeeping functionality to comply with the *Archives Act 1983*.

Who is organising and funding the consultation?

This consultation is being conducted by the Department of Health on behalf of the Tasmanian Government.

It is being funded by Department of Health as an initiative under the *Tasmanian Suicide Prevention Strategy 2023–2027*.

Further information and who to contact

If you have any questions or require further information, please email the Mental Health, Alcohol and Drug Directorate team at: mhadd@health.tas.gov.au

For more information about the Tasmanian Government's approach to preventing suicide, please visit: <https://www.health.tas.gov.au/health-topics/preventing-suicide>

This consultation has been commissioned by the Department of Health on behalf of the Tasmanian Government. Should you have concerns about your rights as a participant in this consultation, or you have a complaint about the manner in which the consultation is conducted, you can speak with the contact above, or, if an independent person is preferred,

you can lodge feedback with the Department of Health through:
<https://www.health.tas.gov.au/contact-us/general-enquiries>

Consent

By participating you are providing consent and acknowledging that you:

- Have received and read the *Participant Information Sheet*.
- Understand the purposes, procedures and risks of the consultation described.
- Have had an opportunity to ask questions and are satisfied with the answers received.
- Freely agree to participate in this consultation as described.
- Consent to the use of your personal information as described.