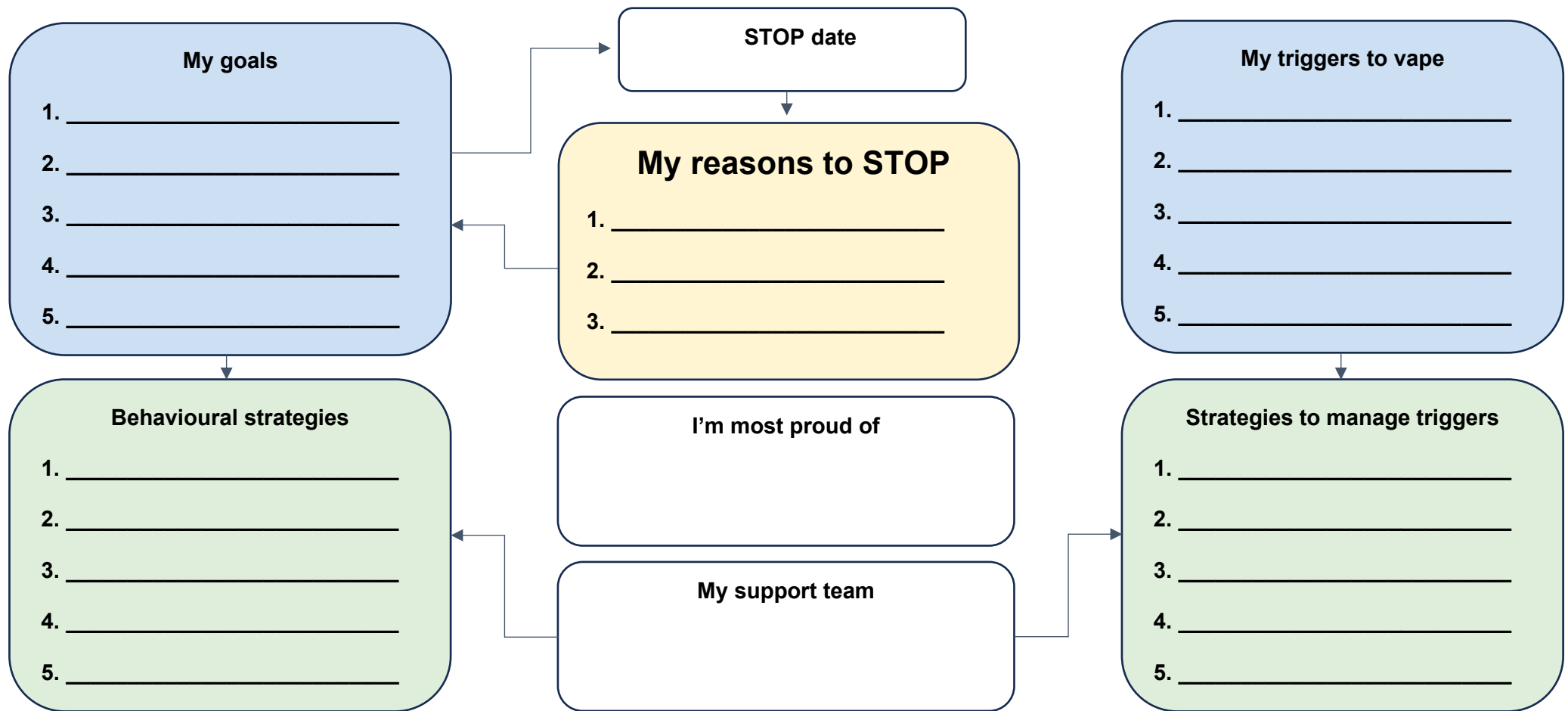


# My plan to STOP vaping



Reference: The Sydney Children's Hospital Network. Clinician's Guide to Supporting Young Adults Quit Vapes. Sydney; 2023.

[www.health.tas.gov.au](http://www.health.tas.gov.au)