

Communicable Diseases Prevention Unit, Public Health Services

Special Focus Report

Pertussis (Whooping cough) 23 June 2024



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Pertussis (Whooping cough)

Pertussis (commonly known as whooping cough) is caused by the bacteria *Bordetella pertussis*. Pertussis affects people of all ages, but it can be especially serious in babies. Pertussis can cause uncontrollable coughing and breathing difficulties that are life threatening. The bacteria are spread from people while infectious, usually during coughing or sneezing. Immunisation provides good protection against infection and risk of severe disease, especially in the short-term. The most effective way to protect young babies who are too young to be vaccinated is to receive the pertussis vaccine during pregnancy. Additional information about pertussis and how it is prevented can be found on the Whooping cough (Pertussis) fact sheet page.

Pertussis activity typically follows a seasonal trend, with higher activity in the Spring and Summer months. Epidemics of pertussis usually occur every few years as immunity wanes. The last epidemic in Tasmania occurred mid-2018 until early 2020 (Figure 1).

Number of notifications Year

Figure 1. Pertussis notifications by year, Tasmania, 01-Jan-09 to 23-Jun-24

Source: Tasmanian Notifiable Disease Surveillance System (TNDSS). Data for 2024 is from 1 January to 23 June 2024 Note: Changes in health-seeking behaviour and testing practices should be considered when comparing notifications of pertussis across multiple years.

Notifications of pertussis began to increase at the beginning of 2024 and are unseasonably high for this time of year (Figure 2). This trend has been observed in other states and territories. School aged children 5-11 years, and 12-17 years, represent the age groups with the highest number of notifications, which is similar to previous epidemic years (Table 1). As of 23 June 2024, there have been no cases in infants <6 months this year-to-date.

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Week ending

Figure 2. Pertussis notifications by week, Tasmania, 01-Jan-24 to 23-Jun-24

Source: Tasmanian Notifiable Disease Surveillance System (TNDSS).

1,48,848

Table 1. Notification of pertussis, 01-Jan-24 to 23-Jun-24

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		Year-to-date Number (%)	Rate*
Number of cases	Total cases	72 (100%)	12.6
Sex	Female	40 (56%)	13.8
	Male	32 (44%)	11.3
Age-group (years)	0-4	5 (7%)	17.3
	5-11	29 (40%)	65.2
	12-17	20 (28%)	48.7
	18-24	4 (6%)	9.4
	25-54	11 (15%)	5.0
	55 years and over	3 (4%)	1.5
Region	South	51 (71%)	17.1
	Northwest	12 (17%)	11.2
	North	9 (12%)	5.2

Confirmed and probable cases. * Notification rate per 100,000 population. Sources: Tasmanian Notifiable Disease Surveillance System (TNDSS), Australian Bureau of Statistics estimated resident population (Jun 2023).

Appendix

Surveillance systems used in this report are described below.

Tasmanian Notifiable Disease Surveillance System (TNDSS)

Pertussis is a notifiable in Tasmania under the *Public Health Act 1997*. Consequently, all pathology laboratories in Tasmania are required to notify cases that meet the nationally agreed case definition to Public Health Services. Notifications are received regularly from public and private laboratories as well as clinicians in Tasmania. Data are correct at the time of reporting but are subject to change due to late notifications.

Population under surveillance: Tasmanian residents or overseas visitors diagnosed in Tasmania who meet laboratory criteria for a confirmed or probable case of pertussis. Access CDNA surveillance case definitions | Australian Government Department of Health and Aged Care.

Notes on interpretation: Data are reported by calculated onset date, the earliest of symptom onset date, specimen date or notification date. Notification data are heavily influenced by factors including health-seeking behaviours and testing practices. Changes in surveillance indicators may reflect changes in testing practices and not actual disease incidence in the community. As such, care is required in comparing notifications over time, including between years.



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