

Vaping, Youth and Health

Getting started information sheet | May 2024

Vaping, Youth and Health is a self-paced course designed for teachers and support staff to develop and deliver learning programs about e-cigarettes. The course aims to help prevent young Tasmanians from taking up e-cigarettes and to support those who currently use e-cigarettes to quit.

It provides evidence-based information on the issues surrounding e-cigarettes including health harms, nicotine addiction, environmental concerns, the local regulatory context, and how to talk to young people about e-cigarettes. It includes access to curriculum-linked [classroom resources](#) for students in Years 7 and 8.

To access the course, you will need to:

1. set up an account in the Department of Health's, Health Learning Online (HLO) portal. Go to [Health Learning Online: Log in to the site.](#)
Note: If you already have an account with the HLO portal, skip to step 5.
2. create an account by filling out the "New Account" form with your details. We encourage you to use your work email address, rather than personal.
3. once your account has been created, an email will be sent to your email address from the HLO system.
4. follow the link contained within the email to confirm your HLO account.
5. once logged into HLO, you need to enrol in the *Vaping, Youth and Health* Course by clicking:
 - a. the 'Alcohol & Drug' tab, then
 - b. the *Vaping, Youth, and Health* tab, then
 - c. the 'Enrol me' tab.
6. after enrolling you will be taken to the Course Overview page.
7. go to the 'Before we start' section and complete the three pre-course questions about your school sector, region and your role. This helps us to understand where this resource is being used.
8. start with the Module Help Information which explains how to navigate the course before commencing Module One.

If you need further information, please email yph@health.tas.gov.au.

Enjoy the course!

