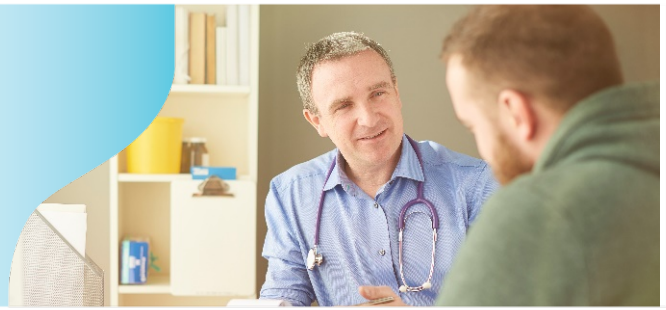


# Adult Mental Health Services

## Fact Sheet | June 2022



The Adult Mental Health Service is a confidential statewide service for people aged between 18 and 65 years. This service assist people who have a severe mental health problem and provides mental health assessment, treatment, and rehabilitation. Adult Mental Health Service includes community-based teams and specialist inpatient facilities.

### Services we provide

Adult Mental Health Services provides a range of services including:

- Advice and information about services to assist with mental health problems.
- Assessment, treatment, and rehabilitation for people with serious mental illness.
- Extended treatment, support, and care for people with persistent or recurring mental illness.
- We also work with other service providers, doctors (GPs), private health care providers and emergency services.

### Our Team includes

Assessment and treatment are provided by professional clinical teams from a range of disciplines, assisted by accredited support staff. Our team includes:

- Mental Health Nurses
- Clinical Psychologists
- Peer and Carer Workers
- Social Workers
- Occupational Therapists
- Psychiatrists and other specialist medical staff.

### How to access our service

For advice, assessment, referral and support phone the **Access Mental Health Service** on freecall **1800 332 388**

**Access Mental Health Service** is a mental health support, triage service and referral phone line. This is a confidential phone service that operates from 9:00 am to 10:00 pm every day.

If you or anyone else is in immediate danger, call 000 for emergency services. Your doctor or health professional may make a referral to Access Mental Health service.

Referral can be faxed on **03 6173 0306**

## Service Locations

Adult Mental Health Services are provided across Tasmania.

Adult Community Health Services are provided across Tasmania.

<a href="#">Hobart &amp; Southern</a>	6166 1161
<a href="#">Glenorchy &amp; Northern</a>	6166 6242
<a href="#">Clarence &amp; Eastern</a>	6166 5700
<a href="#">Launceston &amp; Northern</a>	6777 4985
<a href="#">Devonport</a>	6478 4370
<a href="#">Burnie</a>	6477 7730

Acute hospital services statewide, including Mental Health Hospital in the Home Unit in the Greater Hobart region.

Extended treatment units managed by Mental Health Services are located in a number of sites in southern Tasmania.

<a href="#">Millbrook Rise Centre Extended Treatment</a>	6166 0556
<a href="#">Mistral Place Step down</a>	6166 0462
<a href="#">Tolosa Street Step up and rehabilitation</a>	6166 0966

Statewide Mental Health Service welcomes feedback from clients, carers, and family members to help us improve care. Talk to one of our team, fill in a consumer feedback form.

## Useful contact numbers

A list of useful contact numbers is given below.

<a href="#">Access Mental Health</a>	1800 332 388
<a href="#">Advocacy Tasmania</a>	1800 005 131
<a href="#">Alcohol and Drug Services</a>	1300 139 641
<a href="#">Alcohol and Drug Information Service (ADIS)</a>	1800 250 015
<a href="#">Child Safety Services (24 hrs)</a>	1300 737 639
<a href="#">Child and Youth Services Parent Line (24 hr)</a>	1300 808 178
<a href="#">Family Violence Counselling and Support</a>	1800 608 122
<a href="#">Lifeline (Crisis Counselling 24 hr)</a>	13 11 14
<a href="#">Mental Health Families &amp; Friends Tasmania</a>	03 6228 7448
<a href="#">Official Visitors Program</a>	1800 001 170
<a href="#">Q Life (LGBTI Support)</a>	1800 184 527
<a href="#">Relationships Australia Tas.</a>	1300 364 277
<a href="#">Sexual Assault Support Service (24 hr)</a>	1800 697 877
<a href="#">Suicide Call Back Service (24hr)</a>	1300 659 467
<a href="#">Wellways (Peer led mental health advice and support)</a>	1300 111 500

Tasmanian Health Service Buildings are smoke-free sites.



Department of Health  
1300 135 513  
[www.health.tas.gov.au](http://www.health.tas.gov.au)

The Tasmanian Health Service integrates acute, primary and community services. This integration has given service providers the flexibility to ensure people have the best services we can provide, as close as possible to where they live.