School Audit

– Healthy food is the main food

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships influence young people’s food choices.

| Question and Answer | Comments |
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| 1. What does our school do to encourage all students to eat fruit and vegetables?

[ ]  Include fruit and vegetables in food at the school canteen.[ ]  Use a range of fruit and vegetables in classroom cooking activities and home economics[ ]  Offer fruit and vegetables at school events (school BBQs, class parties, school trips)[ ]  Have classroom fruit/vegetable breaks[ ]  Run activities involving the school fruit/vegetable garden[ ]  Other. Please describe.       |       |
| 1. Are students allowed to eat in the classroom during class time?

[ ] No[ ] Some grades/classes only[ ] Yes. What are students allowed to eat during class time?       |       |
| 1. Does our school have:

[ ]  Fruit trees[ ]  Other fruit (e.g. berries)[ ]  Vegetable garden[ ]  Herb gardenHow are students involved? Tick all that apply[ ] Not at all[ ] Looking after them[ ] Eating the food[ ] Cooking the food |       |
| 1. Has our school worked with the Tasmanian School Canteen Association to improve our canteen menu?

[ ]  Yes[ ]  In progress[ ]  NoIf yes, is our canteen accredited?[ ]  Yes[ ]  In progress[ ]  NoAccreditation award Level:[ ]  Gold[ ]  Silver[ ]  Bronze |       |
| 1. When are ‘sometimes’ foods available at our school?

[ ]  Every recess and lunch break (canteen/vending machine)[ ]  Some recess and lunch breaks only[ ]  Formals/school socials[ ]  Performances/plays[ ]  School fairs or BBQs[ ]  Sports events[ ]  Camps/excursions[ ]  Fundraising[ ]  Classroom awards[ ]  Other |       |
| 1. What ‘sometimes’ foods are provided in the school canteen or vending machines? How much do they cost?
 |       |
| 1. What ‘everyday’ foods are provided in the school canteen or vending machines? How much do they cost?
 |       |
| 1. How does our school promote the benefits of ‘everyday’ foods?

[ ]  It doesn’t[ ]  Through a breakfast club[ ]  Through the canteen[ ]  Information for families[ ]  In class[ ]  Other |       |
| 1. Does our school have a student-friendly eating area?

[ ]  No[ ]  Yes[ ]  Yes, but not all students use it[ ]  Performances/playsDid students have input to the design or layout of this area? |       |
| 1. Does our school have kitchen equipment and facilities to help students bring food from home?

[ ]  Fridge[ ]  Microwave[ ]  Toaster[ ]  Sandwich press/toaster[ ]  Kettle[ ]  Other |       |
| 1. Does our school work with families, carers, and community partners to support healthy eating? List important community partners.
 |       |