Ten-week unit plan template

Use this template to plan your Healthy Young People (HYP) program.

[Download all of the HYP student activities and teacher resources here](http://www.health.tas.gov.au/healthyyoungpeople/hyp_resources)[[1]](#footnote-1)

See the following documents for further information to support your planning:

* The Australian Curriculum: Health and Physical Education Focus Areas
* The Australian Curriculum: Health and Physical Education – Years 7/8
* The Australian Curriculum: Health and Physical Education – Years 9/10
* Audit Tool
* Additional Activities

|  | **Week one** | **Week two** | **Week three** | **Week four** | **Week five** |
| --- | --- | --- | --- | --- | --- |
| **Mission Step** |  |  |  |  |  |
| **HPE** |  |  |  |  |  |
| **Cross-curricula Opportunities** |  |  |  |  |  |
| **Notes and resources** Please complete this page with your own planning notes. |  |  |  |  |  |

|  | **Week six** | **Week seven** | **Week eight** | **Week nine** | **Week ten** |
| --- | --- | --- | --- | --- | --- |
| **Mission Step** |  |  |  |  |  |
| **HPE** |  |  |  |  |  |
| **Cross-curricula Opportunities** |  |  |  |  |  |
| **Notes and resources** Please complete this page with your own planning notes. |  |  |  |  |  |

1. www.health.tas.gov.au/healthyyoungpeople/hyp\_resources [↑](#footnote-ref-1)