School Audit – Water is the main drink

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships influence people’s choices.

| Question and Answer | Comments |
| --- | --- |
| 1. Do our school rules and policies support water as the main drink and discourage sweet drinks[[1]](#footnote-1)? |  |
| 1. Does our school have water fountains or water refill stations?   Yes. How many?  No |  |
| 1. Are water fountains, refill stations and/or drinking taps easy to get to by all students, including students with a disability? |  |
| 1. Are water fountains, refill stations and/or drinking taps clean and appealing to use? If not, why not? |  |
| 1. Are students in all grades/classes allowed to drink water in the classroom during class time?   No  Yes, some classes  Most classes  All classes  PE or sports lessons  If water is not permitted in some classes, is this because of safety or other reasons? |  |
| 1. Are students allowed to refill water-only bottles during class time?   No  Yes, some classes  Most classes  All classes  If re-filling is not permitted in some classes, is this because of safety or other reasons? |  |
| 1. Is water available at school events? Is it free or what does it cost?   Formals/school socials  Performances/plays  School fairs or BBQs  Sports events  Camps/excursions  Fundraising  Classroom awards  Other |  |
| 1. If the school has a canteen or vending machine, what drinks are usually available and what do they cost? (Tick all that apply.)   Fruit or vegetable juice (with no added sugar)  Sweet drinks\*  Flavoured milk  Plain milk  Water  Other  No canteen or vending machine |  |
| 1. When are sweet drinks available at school? Tick all that apply.   Every recess and lunch break (canteen/vending machine)  Some recess and lunch breaks only  Formals/school socials  Performances/plays  School fairs or BBQs  Sports events  Camps/excursions  Fundraising  Classroom awards  Other |  |
| 1. Are students involved in decision-making about drink choices at our school? |  |
| 1. Are families, carers and community partners informed and involved in supporting water as the main drink and discouraging sweet drinks? |  |

1. Sweet drinks include cordial, soft drinks, flavoured mineral waters, energy drinks, sports drinks, flavoured waters, fruit and vegetable drinks with added sugar and artificially sweetened (diet) drinks. [↑](#footnote-ref-1)