School Audit

– We work our hearts

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships can influence young people’s physical activity.

| Question and Answer | Comments |
| --- | --- |
| 1. What areas and/or facilities does our school have that can be used for physical activities during school hours? Can they be accessed outside school hours?

[ ]  Football oval[ ]  Soccer field[ ]  Handball court [ ]  Netball court[ ]  Basketball court[ ]  Climbing wall[ ]  Indoor gym[ ]  Exercise equipment[ ]  Other.  |       |
| 1. Is there anything that discourages students from using the physical activity areas and facilities? (For example, safety issues, lack of heating/air conditioning, the areas are not well maintained or are not ‘youth friendly’.)
 |       |
| 1. How are students encouraged to be active during school breaks?

[ ]  Sports equipment is provided[ ]  Music is played during breaks[ ]  Facility doors or gates are unlocked[ ]  Organised activities or games[ ]  School announcements[ ]  Teachers role model[ ]  Information in newsletter or home group[ ]  They aren’t |       |
| 1. Are there areas outside the school grounds students use regularly for physical activity?
 |       |
| 1. What equipment is available for students in break times?

[ ]  Bats[ ]  Balls[ ]  Frisbees[ ]  Tennis rackets[ ]  Yoga mats[ ]  Skipping ropes[ ]  Other |       |
| 1. How easy is it for students to access the sports and active equipment outside of PE lessons?

[ ]  Most students find it easy to access the equipment[ ]  Some students find it easy to access the equipment[ ]  Few students can access the equipment [ ]  Students can only access the equipment if they are with a teacher or other staff member. |       |
| 1. What physical activity opportunities (competitive and non-competitive) are available at our school (not including PE class)?

[ ] Lunchtime sports[ ] After-school sports[ ] Yoga [ ] Walking groups[ ]  Dance [ ] Other  |       |
| 1. Is the school PE uniform comfortable and appropriate for students of all body shapes and sizes?
 |       |
| 1. Does the school provide easy access to clean, well-maintained shower and change facilities for all students?
 |       |
| 1. Does our school have a physical activity policy that supports regular provision of a wide range of physical activity opportunities to students of all genders and abilities?
 |       |
| 1. What types of active transport are encouraged to and from school?

[ ]  Walking [ ] Cycling[ ]  Scootering[ ]  Rollerblading[ ] They aren’t[ ]  Other |       |
| 1. What supports are available to encourage students to use active transport?

[ ]  Showers[ ]  Change rooms[ ]  Bike racks[ ]  Lockers[ ]  Car or bus drop off point is 500–800 meters from the school [ ]  Safe walking route[ ]  Flexible uniform policy[ ]  Other |       |